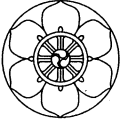


The Kwan Um  School of Zen

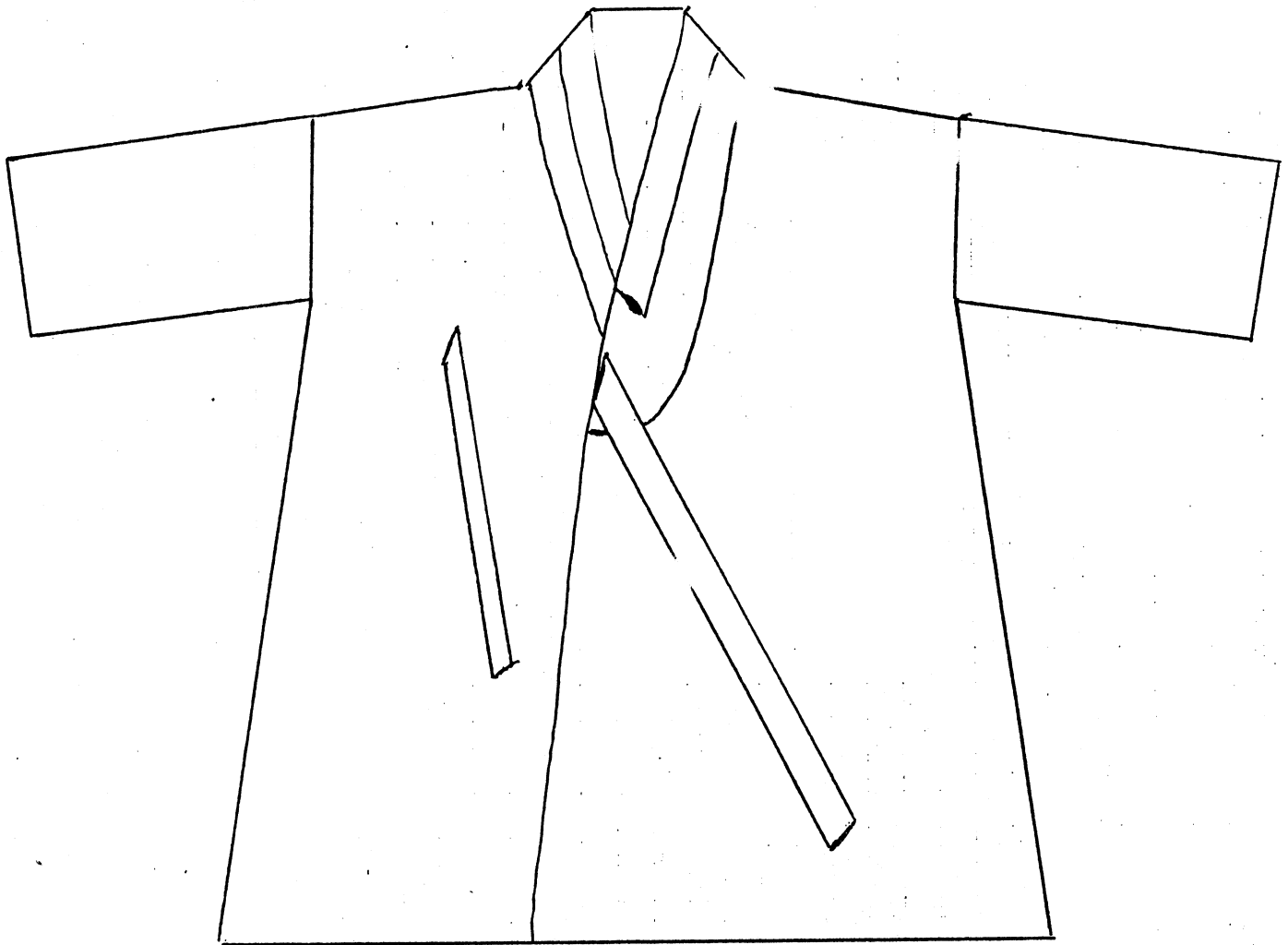
Korean Buddhist Chogye Order
Zen Master Seung Sahn, Founding Teacher

Sewing Instructions for
Bowing Robe

*These instructions are used with
the available full-size patterns*

Developed by
Merrie Fraser JDPSN

KOREAN STYLE ADULT OBE

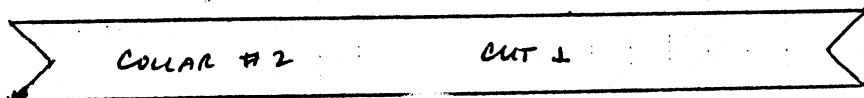
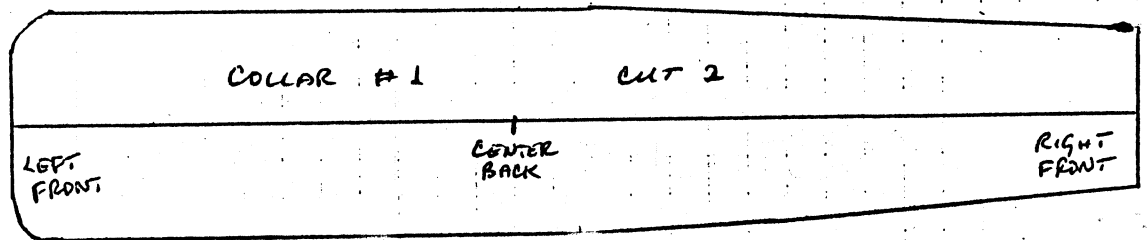
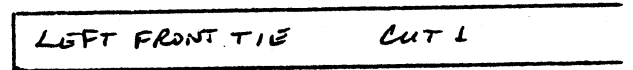
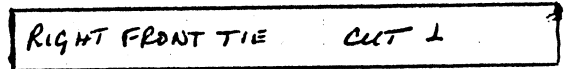
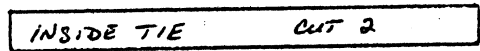
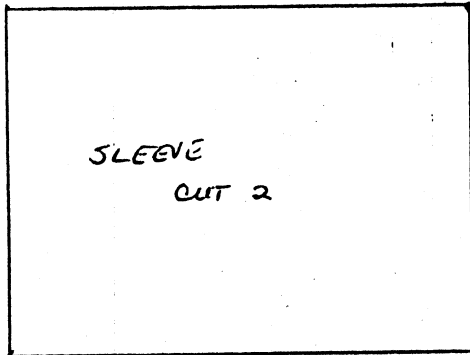
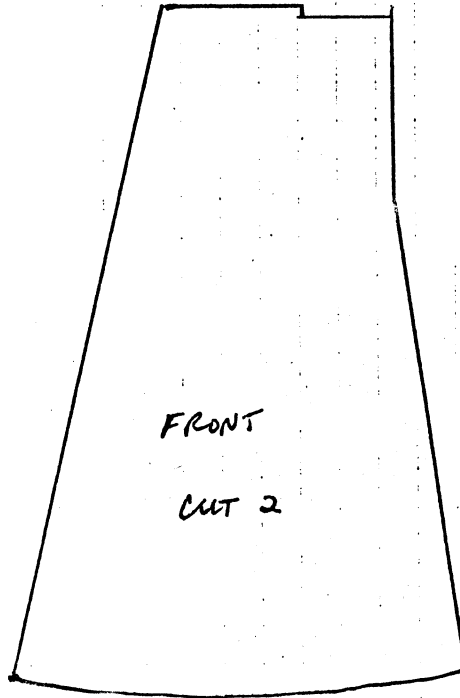
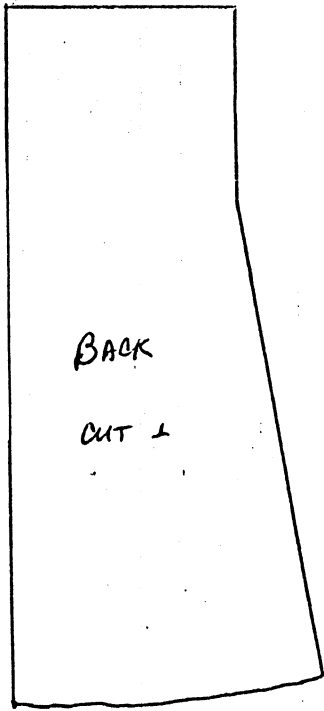


RIGHT

LEFT

HAS DROPPED SHOULDER SLEEVES & KOREAN STYLE
CURVED COLLAR. ALL SEAMS ARE FRENCH - EVEN
UNDER ARMS.

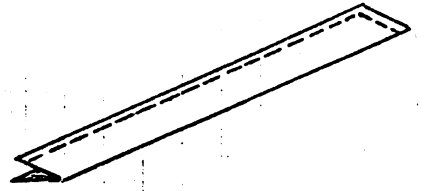
PARTS :



I. TIES.

- 2 INSIDE TIES
- 1 RIGHT FRONT TIE
- 1 LEFT FRONT TIE

FOLD IN HALF, RIGHT SIDES TOGETHER & STITCH ALONG 1 END & UP THE LONG SIDE



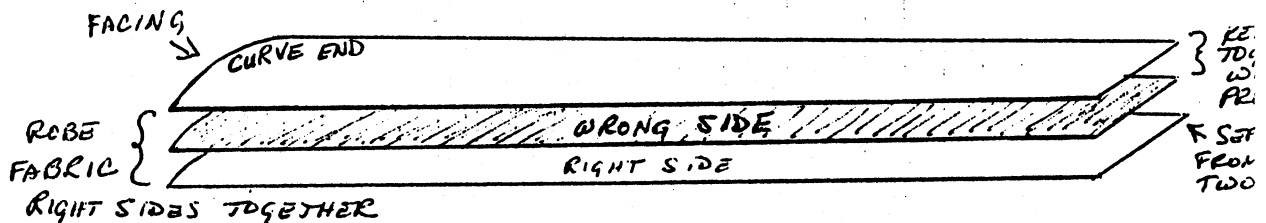
USE A CHOPSTICK TO TURN RIGHT-SIDE OUT & PRESS.

PIN TIES TOGETHER & PUT ASIDE

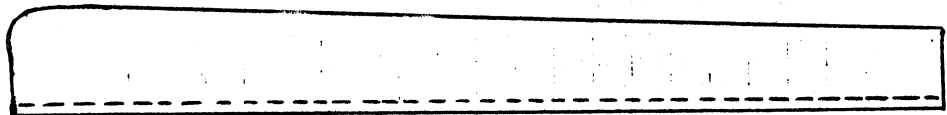
II COLLAR

A. LAY OUT COLLAR PARTS AS SHOWN.

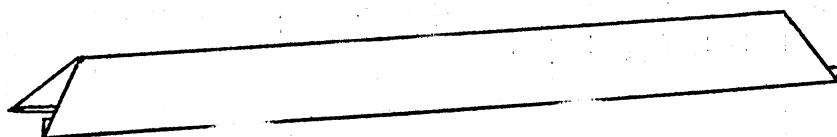
NOTE: THEY MUST BE LAID OUT EXACTLY AS SHOWN (i.e. THE CURVE IN THE UPPER LEFT CORNER, ETC) OR THE COLLAR WILL NOT COME OUT RIGHT.



B. STITCH THRU ALL 3 LAYERS ALONG THE STRAIGHT EDGE MAKING $\frac{1}{2}$ " SEAM. & PRESS OPEN KEEPING ONE PIECE OF ROBE WITH FACING & THE OTHER SEPARAT



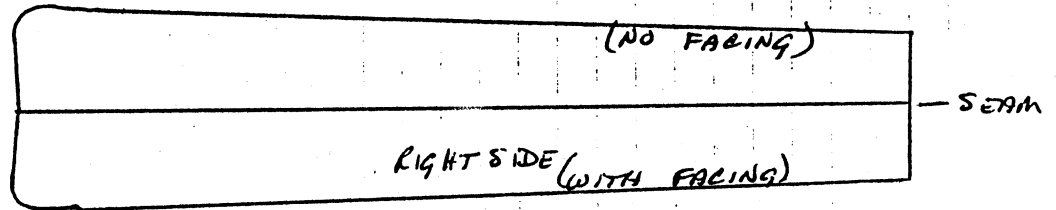
C. TURN LONG EDGES OF COLLAR 2 UNDER $\frac{1}{4}$ " MAINTAIN CRASE DOWN CENTER



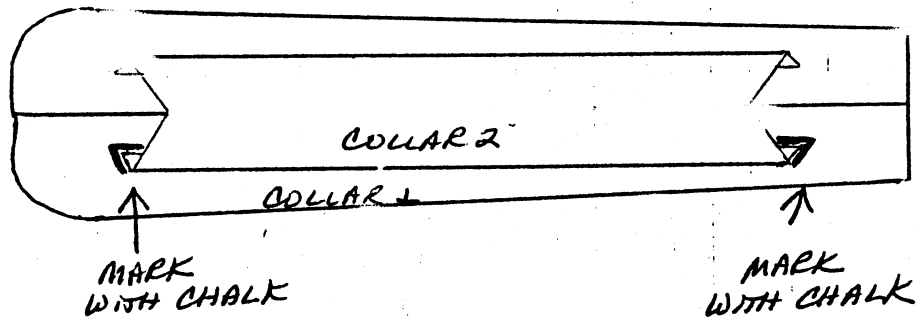
II COLLAR (CONT)

- D. BECAUSE OF THE WAY COLLAR 2 IS CUT, YOU CAN USE THE TURNED EDGE TO MARK ITS PLACE ON COLLAR 1.

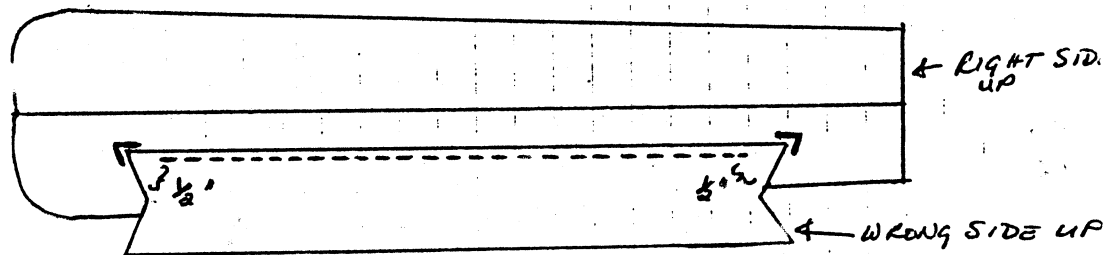
LAY OUT COLLAR 1 AS SHOWN



- E. LAY COLLAR 2 ON COLLAR 1 SO THE CREASE OF 2 IS DIRECTLY OVER THE SEAM OF 1. MARK THE CORNERS THAT PEEK OUT FROM UNDER COLLAR 2 (OUTER LENGTHWISE ON COLLAR 1



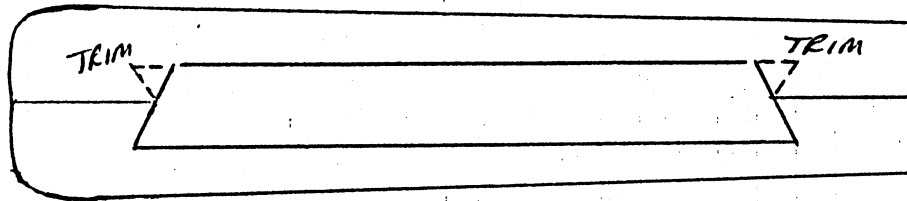
- F. COLLAR 2 CAN NOW BE LAID DOWN + PINNED SO FIRST LONG SEAM CAN BE SEWN. (THRU FACING AND ALL) - UNFOLD CREASE PREVIOUSLY MADE.



STITCH ALONG CREASE, LEAVING $\frac{1}{2}$ " AT EACH END, TURN + PRESS

II COLLAR (CONT)

G. PART OF COLLAR 2 MUST BE TRIMMED.



CUT ALONG THE DIAGONAL FROM THE PART JUST SEWN TO THE OTHER SIDE TO ELIMINATE THE "V" AT EITHER END OF COLLAR 2. DO NOT CUT ANY OF THE $\frac{1}{2}$ " LEFT WHEN YOU MADE THE SEAM

TURN THE ENDS OF COLLAR 2 UNDER $\frac{1}{2}$ " + PRESS - THE LOWER PART SHOULD LOOK FINISHED EXCEPT FOR HAND STITCHING THE DIAGONAL

PIN THE LOWER 2 CORNERS TO HOLD THEM IN PLACE (COLLAR 2)

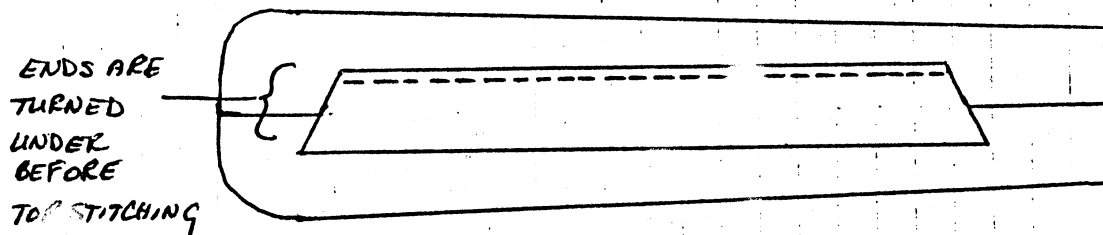
H. FOLD COLLAR \perp ALONG SEAM + PRESS.

I. FOLD COLLAR 2 ON TOP + PRESS, FITTING IT CAREFULLY TO COLLAR 1.

J. PIN INSIDE OF COLLAR 2 TO INSIDE OF COLLAR 1, TAKING CARE NOT TO PIN THRU THE OTHER HALF OF THE COLLAR.

DO NOT LAY COLLAR FLAT WHEN PINNING,

AFTER PINNING, LAY COLLAR FLAT + TOP STITCH LONG SEAM - IF IT LOOKS LOOSE, DO NOT RE-PIN



ANY LOOSENESS WILL DISAPPEAR WHEN COLLAR IS RE-FOLD.

FOLD + SET INSIDE

III ROBE BACK

MAKE A FAKE FRENCH SEAM IN CENTER BACK,
FOLD RIGHT SIDES TOGETHER + STITCH $\frac{1}{4}$ " SEAM.

(IF BACK IS NOT ONE PIECE, MAKE A REAL FRENCH SEAM)

FRENCH SEAM { PLACE WRONG SIDES TOGETHER
STITCH $\frac{1}{8}$ " SEAM
TURN + PRESS
PLACE RIGHT SIDES TOGETHER
STITCH $\frac{1}{4}$ " SEAM

IV MAIN ROBE

A. COMPLETE THE SLEEVES - MAKING A FRENCH SEAM ALONG THE BOTTOM + HEMMING 1 END. TURN RIGHT SIDE OUT AND PRESS. A CREASE OPPOSITE SEA.

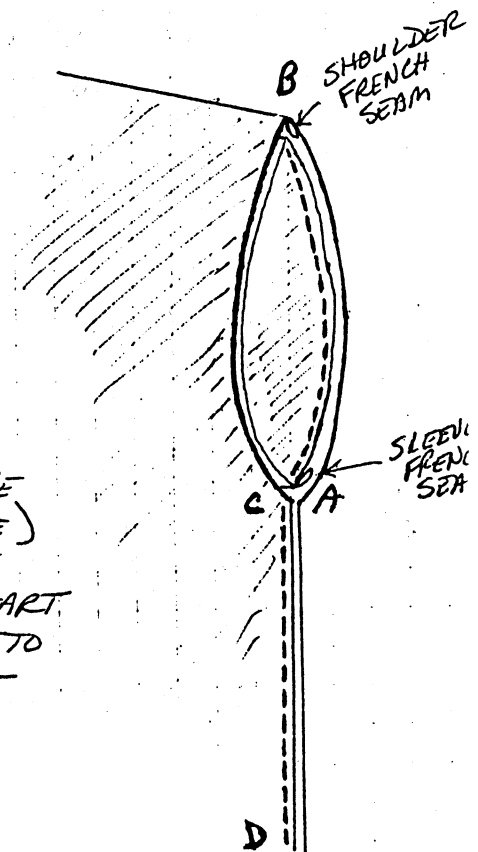
B. THE OBJECT OF THIS PART IS TO INSERT THE SLEEVE IN THE ROBE USING FRENCH SEAMS. THIS IS A LITTLE LIKE PUTTING IN A GUSSET BUT EASIER.

C. SEW THE FRONT PIECES TO THE BACK AT THE SHOULDERS USING FRENCH SEAMS.

D. WITH WRONG SIDES TOGETHER, POSITION THE SLEEVE AS SHOWN BY MATCHING THE CREASE IN THE SLEEVE TO THE TOP SHOULDER SEAM. PIN SLEEVE TO BODY OF ROBE. PIN THE ROBE SIDE SEAM THAT STARTS UNDER THE SLEEVE. MAKE SURE THE ENDS MATCH AS MUCH AS POSSIBLE.

E. STITCH THE SLEEVE TO THE ROBE STARTING A-B-C (OR REVERSE) INSIDE THE SLEEVE. MAKE THE SEAM VERY SMALL. AT THE START + END YOU MUST BE CAREFUL TO HOLD THE ROBE SIDE SEAM OUT OF THE WAY

SEAM = $\frac{1}{8}$ " !



IV MAIN ROBE (CONT)

E. (CONT)

BREAK THREAD & THEN STITCH $\frac{1}{8}$ " SEAM FROM A-C (ROBE SIDE SEAM).

F. TURN INSIDE OUT & PRESS - YOU NOW SHOULD HAVE THE ROBE IN THE SAME POSITION AS PICTURE D. ONLY WITH RIGHT SIDES TOGETHER. PIN & STITCH AS BEFORE BUT USE A $\frac{1}{4}$ INCH SEAM. (A LITTLE MORE IF NEEDED).

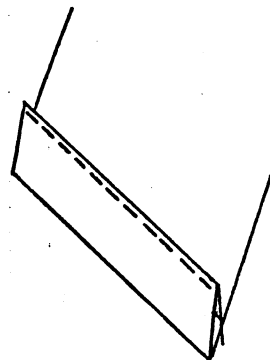
THIS COMPLETES 1 SLEEVE, TO DO THE OTHER SLEEVE START AT D. ABOVE

IV MAIN ROBE (CONT.)

- G. HEM SLEEVES, BOTTOM OF ROBE AND UP THE FRONT OF THE ROBE BY TURNING EDGE UNDER $\frac{1}{4}$ " PRESSING, TURNING EDGE $\frac{1}{4}$ " AGAIN, PRESSING + STITCHING

RAW EDGES ARE GONE

EASE BOTTOM HEM WHERE NECESSARY



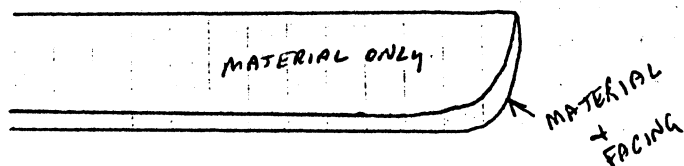
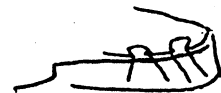
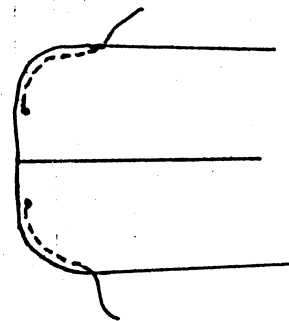
V ATTACHING COLLAR TO ROBE

- A. WITH CONTRASTING THREAD, BASTE AROUND CURVES OF COLLAR $\frac{1}{2}$ " IN. FROM EDGE. (KNOT ONE END)

- B. WHEN THE BASTING THREADS ARE PULLED, ^{GENTLY} THE MATERIAL WILL GATHER + WITH A LITTLE MANIPULATION A SMOOTH CURVE CAN BE CREATED WITH $\frac{1}{8}$ " SEAM ALLOWANCE

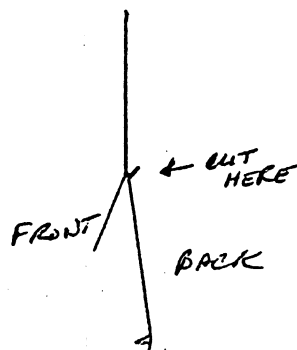
- C. TURN ALL EDGES OF COLLAR $\frac{1}{2}$ " (TURN THE PART WITHOUT THE FACING A LITTLE MORE THAN $\frac{1}{2}$ ")

THIS CAN BE CHECKED BY FOLDING COLLAR IN HALF + THEN TURNING THE EDGE OF THE NON-FACING SIDE SO YOU CAN SEE THE OTHER SIDE.



IV ATTACHING COLLAR TO ROBE

- D. MAKE A SMALL CUT AT SHOULDER CORNERS OF ROBE (NO MORE THAN $\frac{1}{4}$ ") THIS WILL STRAIGHTEN OUT THE SEAM LINE ENOUGH TO ALLOW EASY TOP STITCHING OF COLLAR.



THIS IS SIMILAR TO WHAT WAS DONE UNDER THE ARM.

- E. MATCH THE CENTER BACK MARK ON THE COLLAR TO THE CENTER BACK SEAM.

PIN ONLY SIDE WITH INTERFACING, LET OTHER SIDE HANG LOOSE - PART OF SEAM SHOULD BE $\frac{1}{2}$ "

IF YOU DIDNT MAKE THE MARK USE THE PATTERN FORM TO GET IT AS IT IS NOT IN THE CENTER OF THE COLLAR.

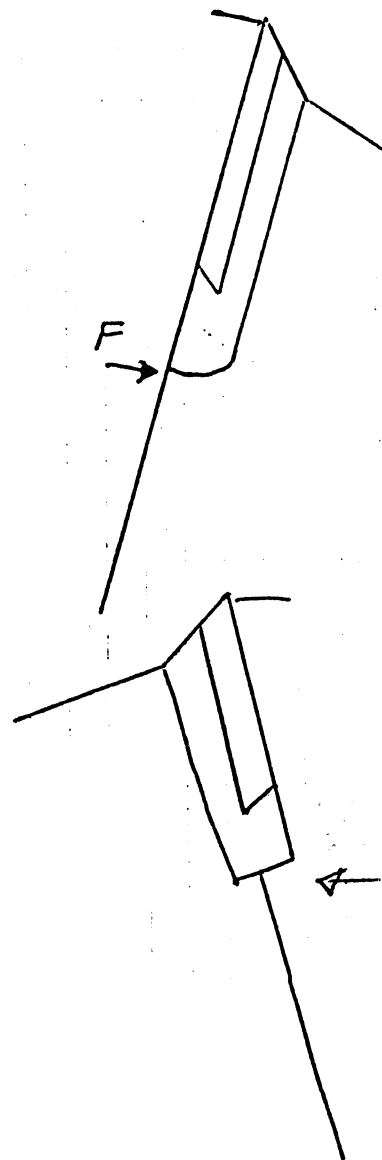
- F. PIN CURVE END OF COLLAR SO IT ENDS UP FLUSH WITH THE FRONT OF THE ROBE.

- G. PIN SQUARE END OF COLLAR SO THE COLLAR EXTENDS $1\frac{1}{4}$ " PAST FRONT EDGE OF ROBE

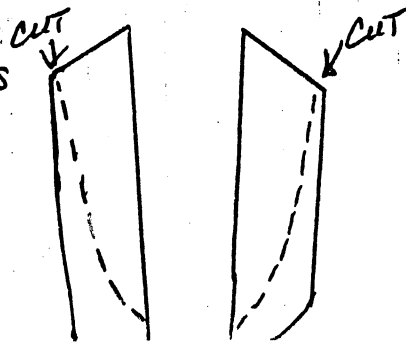
- H. STITCH CLOSE TO THE EDGE OF THE COLLAR ON THE OUTSIDE

- I. HAND-STITCH INSIDE OF LARGE COLLAR AFTER

TRIMMING FLAP OF MATERIAL UNDERNEATH COLLAR. TRIM IN A ROUGH CURVE ON BOTH SIDES.



THE PART THAT'S CUT BELONGS TO FRONT OF ROBE - NOT COLLAR!



V ATTACHING COLLAR TO ROBE (CON'T.)

J. INVISIBLY SLIP STITCH THE DIAGONALS OF SMALL COLLAR

VI ATTACHING TIES

A ATTACH SMALL TIES

- ALWAYS PUT THE SEAM OF THE TIE AT THE BOTTOM
- ALWAYS ATTACH TIE TO OUTSIDE OF ROBE (EXCEPT FOR LEFT INSIDE TIE)

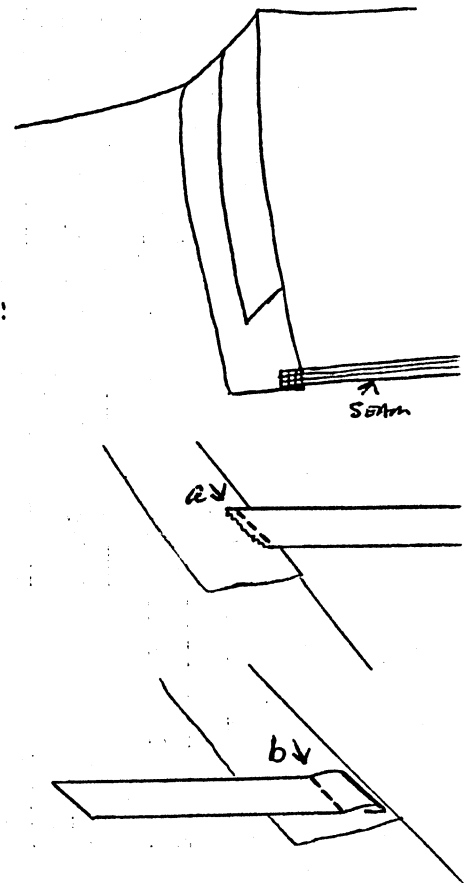
B ATTACH SMALL TIES.

1.) ATTACH 1 TO RIGHT FRONT OUTSIDE WHERE BOTTOM OF COLLAR EXTENDS OUT - USE OVERLAP TECHNIQUE:

a) LAY TIE ON FABRIC IN DIRECTION IT WILL EVENTUALLY GO. STITCH A SEAM NEXT TO RAW EDGE

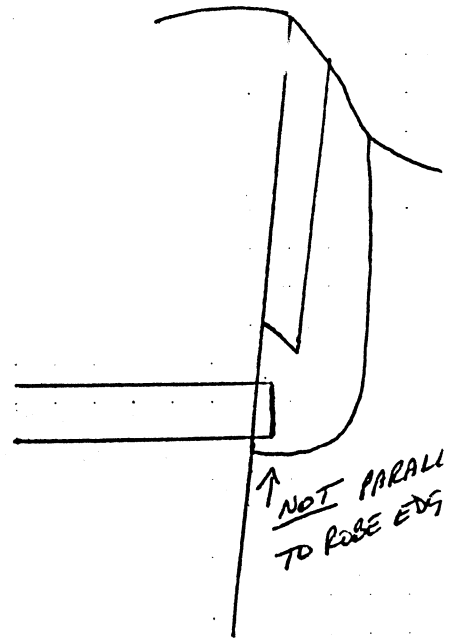
b) FOLD BACK TIE & STITCH ANOTHER SEAM ON THE OTHER SIDE OF THE RAW EDGE. THIS ENCLOSES THE EDGE SO IT DOESN'T SHOW.

2) ATTACH 1 TO LEFT UNDER ARM SEAM ON THE INSIDE. IT SHOULD BE EVEN WITH THE TIE ON THE RIGHT (APPROX DOWN FROM CURVE) SO ROBE WILL HANG EVENLY



VI ATTACHING TIES

C. ATTACH THE LONG LARGE TIE TO LEFT COLLAR USING OVER LAP TECHNIQUE, NOTE THAT THE TIE SHOULD BE ATTACHED PERPENDICULAR TO THE FLOOR NOT PARALLEL TO THE ROBE EDGE WHICH IS ON A SLANT.

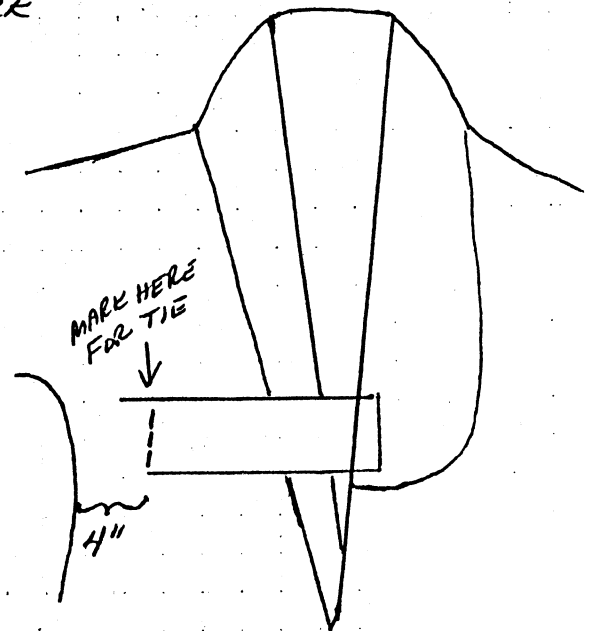
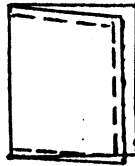


D. LAY ROBE FLAT WITH SHOULDER SEAMS EXACTLY AT TOP. FOLD LEFT SIDE OVER RIGHT & LAY TIE ACROSS ROBE. THIS WILL DETERMINE POSITION OF RIGHT TIE. MAKE A MARK 4" IN FROM RIGHT SIDE SEAM & EVEN WITH THE LEFT TIE.

PREPARE A BACKING FOR RIGHT TIE.

- 1) CUT A SQUARE APPROX
- 2) TURN ALL EDGES UNDER & PRESS.
- 3) FOLD IN HALF & PRESS

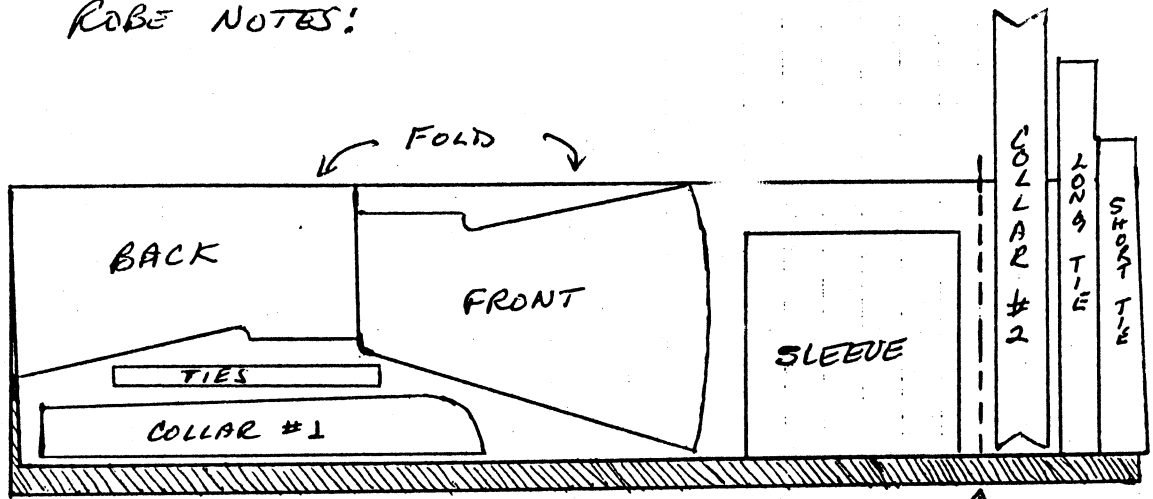
STITCH THE
3 OPEN
EDGES



PUT THIS PIECE OF MATERIAL ON INSIDE OF ROBE WHEN ATTACHING RIGHT TIE. THIS WILL GIVE THE TIE EXTRA SUPPORT WHERE ITS ATTACHED TO THE ROBE

VII

ROBE NOTES:



CUTTING LAYOUT FOR ALL SIZES

CUT HERE & OPEN MATERIAL FOR COLLAR 2 & TIE

SMALL ROBE 44" MATL = $3\frac{1}{2}$ YDS

MED. ROBE 44" MATL = $3\frac{1}{2}$ YDS

LARGE ROBE 44" MATL = $3\frac{3}{4}$ YDS